

## PRIOR TO OUR VISIT...

*We ask that you speak to your students and give them some brief history about modern dance and its philosophy. All new Directors receive a Welcome Kit that will provide information that can be shared with your students as well as utilized for development of class curriculum and as a future reference guide. It gives in-depth material for improvisation ideas, choreography development and stunts/lifting, among others. Providing your students with background information awakens their minds to the challenges and unique approaches to dance that are utilized during our workshops.*

## GENERAL INFORMATION

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1. Upon confirmation, go to [www.dancerepertory.org](http://www.dancerepertory.org) (Workshops link) to print final contract and add'l forms.
2. All pricing and expenses will be discussed and finalized between all parties.
3. A guaranteed participant count must be established.
4. A 25% deposit is required upon contract confirmation (refundable up to 14 days prior to event)
5. Smaller group rates (under 25 students) must be negotiated.
6. Time limit for sufficient master class is one and a half hours (negotiable).
7. Recommended time limit is 2-3 hours so students get the full range and appreciation of the art form.
8. We recommend that workshops ranging 4-6 hours be divided among 2 days. Students may get overwhelmed if they are not used to working in this dance form on a continuous basis.

## WORKSHOP DRESS CODE

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1. Leotard or sports attire for upper body
2. Dance or sweat pants
3. Bare feet or Lyrical sandals (socks can be worn until warm)
4. Cover ups may be worn until warm
5. No jeans, jazz/tennis/ballet shoes

**Vision Series Mission...** The Vision Series Dance Festival provides educational and professional performance opportunities to an innovative cross-section of dance artists from the Greater Bay Area. It develops and presents the diverse visions of high school dancers, professionals, emerging choreographers, and academic instructors, regardless of individual experience or expertise. This education project expands knowledge, provides mentorship, offers support, cultivates artistic exchange and increases the exposure of modern dance as an art form to the general public.

**Vision Series History...** Since 1999, it has provided opportunities to over 425 choreographers and 1,900 performers from 32 California high schools, youth programs and dance studios and 56 professional emerging companies and college dance programs. Over 60 professional educators, Dance Magazine and California Dance Education Association have graciously given their time, energy and expertise to the advancement of the program. In addition, Vision Series Dance Days have given professional technical training to over 1,300 high school students.

### Testimonials...

We need more such programs to prove to educators, administrators, politicians and the public that dance and the arts make for strong people and great performers.” Joanna Gewertz Harris, Ph.D, Voice of Dance, *Vision Series 2004*

“DANCE MAGAZINE has been proud to lend our name to the *Vision Series*... The commitment of Ms. Heath and those who work with her is of the highest standard. I wish that each of our partnerships with the dance community could be as easy and fruitful as this one.” Sincerely, Barbara Paige Kaplan

“Thank you for all the time and faith you have invested in my peers and me. You’ve contributed to our development as individuals and our position in life...” Love Always, Lauren Nelson, Sequoia H.S., *Vision Series 1999-2001*

“I took a dance convention and wanted to say that it was one of the best experiences in dance I have had in a long time. Donnette is a wonderful choreographer and I hope to be as good as she...” Amanda McSweeney, Lamar H.S., TX



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## NATIONWIDE WORKSHOPS

**Presented as part of the**  
**Vision Series**  
**Community Outreach Program**

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Bringing students an unforgettable professional experience where they can release their inhibitions and view themselves as imaginative dancers in a new way. We embrace various skill levels while providing a supportive, constructive and exciting atmosphere for all dancers.

CHOOSE FROM THE FOLLOWING TO  
TAILOR YOUR OWN WORKSHOP!

**Technical Warm-up** - A unique blend of styles with exercises that concentrate on body alignment, breathing, center of gravity, arm and leg strength and connection to the floor. Includes roll downs, plies, body swings, feet and weight shifts, among others.

**Extensive Combinations** - Fast-paced and energetic phrases that move in the center and across the floor. Expands the opportunity to connect the concepts presented in warm-up and additional ways to expand performance and emotional involvement with the movement.

**Improvisation/Choreography Techniques** - Provides exercises to inspire the imagination and find new ways of approaching movement and ways to create movement phrases utilized to develop and expand choreography.

**Weight-Sharing/Partner work** - Students work with each other to explore ways of moving together and learn exercises in sharing weight. They focus on development of trust with one another and understanding the center of gravity's role in partner integration.

**Stunts/Lifts** - A further exploration of weight sharing that utilize larger groups and result in extensive lifting of individuals and expansive use of aerial space.

**Choreography Consultation(s)** - Present work(s) in which you would like to have professional feedback and guidance regarding choreography principles, technique, thematic content, use of space, dynamics, presentation and performance quality, among others.

PRICES PER PARTICIPANT

| LOCAL AREA              | 1.5 hrs | 2    | 2.5   | 3     | 4     | 5     | 6     |
|-------------------------|---------|------|-------|-------|-------|-------|-------|
| 1 teacher - 25-75 part. | \$12    | \$17 | \$22  | \$27  | \$34  | \$41  | \$48  |
| 76-150                  | \$9     | \$14 | \$19  | \$24  | \$31  | \$38  | \$45  |
| 150+                    | \$6     | \$11 | \$16  | \$21  | \$28  | \$35  | \$42  |
| 2 teachers - 1 day      |         | \$35 | \$42  | \$56  | \$69  | \$85  | \$100 |
| 3 teachers - 1 day      |         |      | \$55  | \$62  | \$76  | \$95  | \$115 |
| 4 teachers - 1 day      |         |      | \$62  | \$69  | \$85  | \$105 | \$125 |
| 2 teachers - 2 days     |         |      | \$75  | \$85  | \$95  | \$115 | \$135 |
| 3 teachers - 2 days     |         |      | \$85  | \$95  | \$105 | \$125 | \$150 |
| 4 teachers - 2 days     |         |      | \$95  | \$105 | \$115 | \$135 | \$160 |
| 2 teachers - 3 days     |         |      | \$105 | \$115 | \$125 | \$145 | \$175 |
| 3 teachers - 3 days     |         |      | \$115 | \$125 | \$135 | \$155 | \$190 |

PLEASE NOTE

In many cases, out-of-state workshops include flight in the price charged per head and will be negotiated. Our 2-3 day events more than likely include travel expenses and will be negotiated if necessary.

More remote locations and multiple events/locations in your area can significantly reduce travel expenses incurred by one program. Please inform us of additional programs or studios you think would be interested in our services! We appreciate your support.

| OUT-OF-STATE            | 1.5 hrs | 2    | 2.5  | 3    | 4     | 5     | 6     |
|-------------------------|---------|------|------|------|-------|-------|-------|
| 1 teacher - 25-75 part. | \$15    | \$20 | \$25 | \$30 | \$40  | \$50  | \$60  |
| 76-150                  | \$12    | \$17 | \$22 | \$27 | \$37  | \$47  | \$57  |
| 150+                    | \$9     | \$14 | \$19 | \$24 | \$31  | \$38  | \$45  |
| 2 teachers - 1 day      |         |      |      | \$45 | \$55  | \$65  | \$75  |
| 3 teachers - 1 day      |         |      |      |      | \$75  | \$85  | \$95  |
| 4 teachers - 1 day      |         |      |      |      | \$80  | \$90  | \$100 |
| 2 teachers - 2 days     |         |      |      |      | \$100 | \$110 | \$120 |
| 3 teachers - 2 days     |         |      |      |      | \$110 | \$120 | \$130 |
| 4 teachers - 2 days     |         |      |      |      | \$120 | \$130 | \$140 |
| 2 teachers - 3 days     |         |      |      |      | \$130 | \$140 | \$150 |
| 3 teachers - 3 days     |         |      |      |      | \$140 | \$150 | \$160 |
| 4 teachers - 3 days     |         |      |      |      | \$150 | \$160 | \$170 |

In most cases, travel expenses are additional and to be negotiated on a per event basis. Budget items include:

1. Flight/Airport service (approximately \$300-\$500 per teacher)
2. Gas (approximately \$25-50)
3. Per Diem (approximately \$25 per teacher/per day; travel day(s) additional)
4. Lodging (approximately \$75-\$125 per night/per room near workshop location; usually a 2-night stay)
5. Rental car (approximately \$50-\$75 per day; travel day(s) additional)